

Om Shree Krishnaaya Param Brahmane Namah!

Om Namo Bhagavathe Vaasudhevaayah!

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Om Namo Bhagavathe Vaasudhevaayah!

॥ ॐ नमो भगवते वासुदेवाय ॥

Om Namo Bhagavathe Vaasudhevaayah!

श्रीमद्भागवतं

SREEMADH BHAAGAWATHAM

MOOLAM (ORIGINAL)

अष्टमस्कन्धः

ASHTAMASKANDDAH (CANTO EIGHT)

॥ षोडशोऽध्यायः - १६ ॥

SHODASOADDHYAAYAH (CHAPTER SIXTEEN)

AdhithiPayovrathaKatthanam [Payovratha Niroopanam] (Executing of Payovratha and Process of Worship [Details of Performing Payovratha])

[Seeing that the Asuraas returned being revived by Sukraachaarya, Asura Guru, with increased opulence, power, strength and heroism with the intention of conquering Dheva Loka, Dhevaas, with the advice of their Guru, fled after abandoning their kingdom of heaven and hid in disguised forms. Adhithi was very unhappy and distressed at the unfortunate fate of her children, Dhevaas. When Kasyapa Muni, her husband, returned after

long austerity and meditation, she pleaded to help her with proper benediction so that Dhevaas could retrieve their kingdom of heaven. Dhevaas are sons of Kasyapa and Adhithi and Asuraas are sons of Kasyapa and Dhithi, his other wife and sister of Adhithi. Though he was stunned by the power of Maaya, he advised the detailed process of execution of Payo-Vratha to worship and offer obeisance to Lord Vishnu. Lord Vishnu is the provider of all types of benedictions to his devotees. Payo-Vratha is the austere penance to be observed for twelve days ending with Dhvaadhesi (the twelfth day of the fortnight) in the bright fortnight of month of Phaalguna (February 20 – March 21) for the best result. Kasyapa provided step by step instructions and procedures describing how to conduct the Vratha, what Manthra or Manthraas are to be chanted, how to prepare the paraphernalia and all other details. This is the best and most effective Vratha to appease Lord Vishnu. Please continue to read for more details....]

श्रीशुक उवाच

SreeSuka Uvaacha (Sree Suka Brahmarshi Said):

एवं पुत्रेषु नष्टेषु देवमातादितिस्तदा ।
हृते त्रिविष्टपे दैत्यैः पर्यतप्यदनाथवत् ॥ १ ॥

1

Evam puthreshu nashteshu DhevamaathaAdhithisthadhaa
Hrithe thrivishtape Dheithyaih paryathapyadhanaatthavath.

Hey Mahaaraajan! Thus, when all the Dhevaas hid after assuming disguised forms and the Dhevaloka or heaven was conquered and captured by Asuraas, the Dheva-Maatha or mother of Dhevaas, Adhithi-Dhevi, felt that she was orphaned. Adhithi began lamenting as if she had no one to protect her.

एकदा कश्यपस्तस्या आश्रमं भगवानगात् ।
निरुत्सवं निरानन्दं समाधेर्विरतश्चिरात् ॥ २ ॥

2

Ekadhaa Kasyapasthasyaa aasramam Bhagawaanagaath
Niruthsavam niraanandham samaaddhervirathaschiraath.

Kasyapa, her husband, was on austere meditation for a long while and was away from their Aasrama. Kasyapa, the noblest of Maharshees, returning after meditation visited the Aasrama of Adhithi, his wife, and noticed that she was very gloomy, unhappy, desperate and having no interest in life.

स पत्नीं दीनवदनां कृतासनपरिग्रहः ।
सभाजितो यथान्यायमिदमाह कुरूद्वह ॥ ३॥

3

Sa pathneem dheenavadhanaam krithaasanaparigrehah
Sabhaajitho yetthaanyaayamidhamaaha Kurudhvaha!

Oh, the best of Kuru Dynasty! Adhithi-Dhevi received and welcomed her husband who visited the Aasrama, seated properly and respectfully and treated him affectionately and very pleasingly. Seeing the gloomy and unhappy face of his darling chaste wife, he spoke to her:

अप्यभद्रं न विप्राणां भद्रे लोकेऽधुनाऽऽगतम् ।
न धर्मस्य न लोकस्य मृत्योश्छन्दानुवर्तिनः ॥ ४॥

4

“Apyabhadhram na vipraanaam Bhadhre! Lokeaddhunaaaagetham?
Na Ddharmmasya na lokasya mrithyoscchandhaanuvarththina.”

“Oh, the most auspicious and chaste and gentle woman! What is the reason for the gloominess in your face? What is disturbing you? Did any inauspicious things happen to the Brahmins or the people in general of the world due to non-maintenance of Ddharmma? Did any disastrous incidents happened in the world because of that?”

अपि वाकुशलं किञ्चिद्गृहेषु गृहमेधिनि ।
धर्मस्यार्थस्य कामस्य यत्र योगो ह्ययोगिनाम् ॥ ५॥

5

“Api vaakusalam kinjchith griheshu? Grihameddhini!
Ddharmmasyaarththasya kaamasya yethra yogo hyayoginaam.”

“Oh, my dear wife! You are the Lady and Controller of home and homely affairs or Aasrama and Aasrama matters. Did any untoward things happen to Grihastthaasrama Ddharmma? And because of that did any inauspicious things happen to Kaama, Arththha and other Ddharmma Maarggaas? Did any discrepancies happen in maintaining the principles of Purushaarththhaas? The activities of Grihastthaasramees who follow the principles of Purushaarththhaas are as good as those of Yogees who perform austerity and meditation.”

अपि वातिथयोऽभ्येत्य कुटुम्बासक्तया त्वया ।
गृहादपूजिता याताः प्रत्युत्थानेन वा क्वचित् ॥ ६॥

6

“Api vaathitthayoabhyethya kutumbaasakthayaa thvayaa
Grihaadhapoojithaa yaathaah prethyuththaanena vaa kvachith?”

“Did you ever be careless, or did not you ever pay enough attention to treat your guest or guests courteously and politely and promptly because of your involvement in homely matters? Did any of your guests ever leave your home because you could not or did not treat them respectfully with regards?”

गृहेषु येष्वतिथयो नार्चिताः सलिलैरपि ।
यदि निर्यान्ति ते नूनं फेरुराजगृहोपमाः ॥ ७॥

7

“Griheshu yeshvathitthayo naarchchithaah salilairapi
Yedhi niryaaanthi the noonam pheruraajagrihopamaah.”

“In a home if the guests are not treated respectfully by washing their feet and sprinkling it on your body as holy water like the treatment offered to deities, it is just like a cave where foxes and jackals are living. Those

dwelling places are so inauspicious and cannot even be called as homes even.”

अप्यग्रयस्तु वेलायां न हुता हविषा सति ।
त्वयोद्विग्रधिया भद्रे प्रोषिते मयि कर्हिचित् ॥ ८॥

8

“Apyagnayasthu velaayaam na huthaa havishaa sathi
Thvayodhvignaddhiyaa bhadhre! Proshithe mayi karhichith?”

“Oh, the most chaste auspicious Lady! While I was away from home for a long while, out of anxiety and mental agitation did you ever forget to offer oblation of ghee into sacrificial fire? Are you worried and disturbed because of that?”

यत्पूजया कामदुघान् याति लोकान् गृहान्वितः ।
ब्राह्मणोऽग्निश्च वै विष्णोः सर्वदेवात्मनो मुखम् ॥ ९॥

9

“Yethpoojayaa kaamadhughaanyaathi lokaan grihaanvithah
BraahmanoAgnischa vai Vishnoh sarvvadhevaathmano mukham.”

“Oh, Grihanaayike or the Heroine of Home! Oh, the Most Chaste Wife! By worshipping the Fire and the Braahmanaas, a householder can achieve all the goals in his life and attain the holy planet of paradise. It is proclaimed and well established by learned scholars that the Fire and Braahmana represent the face of Lord Vishnu or the Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan.”

अपि सर्वे कुशलिनस्तव पुत्रा मनस्विनि ।
लक्षयेऽस्वस्थमात्मानं भवत्या लक्षणैरहम् ॥ १०॥

10

“Api sarvve kusalinasthava puthraa? Manasvini!
Lakshayeasvastthamaathmaanam bhavathyaa lakshanairaham.”

“Oh, Manasvini or the great and noble-minded Lady! Are all your sons doing well? My dear wife! Seeing the sign on your withered face, I can perceive that your mind is not tranquil. How is this so? What is the reason for that?”

अदितिरुवाच

AdhithirUvaacha (Adhithi-Dhevi Said):

भद्रं द्विजगवां ब्रह्मन् धर्मस्यास्य जनस्य च ।
त्रिवर्गस्य परं क्षेत्रं गृहमेधिन् गृहा इमे ॥ ११॥

11

Bhadhram dhvijegavaam Brahman! Ddharmmasyaasya jenasya cha
Thrivarggasya param kshethram Grihameddhin! Grihaa ime.

Oh, Brahmajnja or One who knows Brahma or God! Oh, Grihameddhin or the Master of Home or My dear Husband! All is well with the Braahmanaas, Cows, others, us and may all auspiciousness prevail for All and the Universe. Yes, it is true, as you stated, that this Grihastthaasrama [Adhithi is leading household life and that is what Kasyapa stated earlier] is the origin of all Purushaarththaas like Ddharmma, Arththa, Kaama and Moksha.

अग्रयोऽतिथयो भृत्या भिक्षवो ये च लिप्सवः ।
सर्वं भगवतो ब्रह्मन्ननुध्यानान्न रिष्यति ॥ १२॥

12

Agnayoathitthayo bhrithyaa bhikshavo ye cha lipsavah
Sarvvam Bhagawatho Brahmannaanuddhyaanaanna rishyathi.

Oh, Sarvvajnja or Omniscient! Oh, Bhagawan! With the power of your austerity and meditation everything goes on very smoothly and perfectly well. With your grace and blessing, I have been and am treating respectfully and worshiping devotionally Agni, Guests, Servants, Associates, Subordinates, Masters, etc. without any obstacles and breaks.

को नु मे भगवन् कामो न सम्पद्येत मानसः ।
यस्या भवान् प्रजाध्यक्ष एवं धर्मान् प्रभाषते ॥ १३॥

13

Ko nu me, Bhagawan, kaamo na sampadhyetha maanasah
Yesyaa Bhavaan Prejaaddhyaksha evam ddharmmaan prebhaashathe.

You are the father and lord of my children. You are a Brahmajnja with scholarly knowledge of transcendentalism. You are there to advise and guide me in the path of proper Ddharmma Maargga. When there is such a divine soul to direct and guide me through the Path of Righteousness, how would I deviate from that? Therefore, I am always moving in the Path of Righteousness by executing all Principles of Ddharmmaas. Because you are always available for me, all desires of life are fulfilled without any obstacles.

तवैव मारीच मनःशरीरजाः
प्रजा इमाः सत्त्वरजस्तमोजुषः ।
समो भवांस्तास्वसुरादिषु प्रभो
तथापि भक्तं भजते महेश्वरः ॥ १४॥

14

Thavaiva Maareecha, manahsareerajaah
Prejaa imaah SaththvaRejasThamojushah-
Samo bhavaamsthaasvaSuraadhisu, Prebho,
Thatthaapi bhaktham bhajathe Maheswarah.

Oh, Marichi Maharshi Soonoo or Son of Marichi Maharshi, Kasyapa! All the entities consisting of the body of Guna Threya, or three modes of nature are creation of your mind and body. [Kasyapa is the father of all entities of the universe like all Dhevaas, Asuraas, Manushyaas, Thiryaks, etc.] You have no distinction, or you see all of them as equal, meaning that you do not see Asuraas born from Dhithi as different from Suraas or Dhevaas born from me, Adhithi, because you are the father of all. You are like God who sees everything as equal with no distinction. Though that is true, even the

God will shower blessings and grace to his devotees, or he is favorable to His devotees.

तस्मादीश भजन्त्या मे श्रेयश्चिन्तय सुव्रत ।
हृत्श्रियो हृतस्थानान् सपत्नैः पाहि नः प्रभो ॥ १५ ॥

15

Thasmaadheesa bhajanthyaa me sreyaaschinthaya Suvratha!
Hrithasriyo hrithastthaanaan sapatnaih paahi nah, Prebho,

Therefore, oh, Suvratha or One who is full of virtuous austerities, please think of the prosperity and auspiciousness of me who is always worshipping you and One who has devoted the life in offering services to you. Oh, gentle Lord! I am your maidservant. The enemies of the Asuraas have captured all our, Dhevaas, opulence and possessions and even conquered and confiscated our city of Amaraavathi and the kingdom of Heaven. Oh, Lord, please provide us protection.

परैर्विवासिता साहं मग्ना व्यसनसागरे ।
ऐश्वर्यं श्रीर्यशः स्थानं हृतानि प्रबलैर्मम ॥ १६ ॥

16

Parairvivaasithaa saaham magna vyesanasaagare
Aisvaryam sreeryesah stthaanam hrithaani prebelairmmama.

The most formidable enemies, Asuraas, have captured and taken away all our possessions, opulence, fame, name, residence, beauty and all and drove us away. We are now in exile. We are now drowning in the ocean of trouble and misery.

यथा तानि पुनः साधो प्रपद्येरन् ममात्मजाः ।
तथा विधेहि कल्याणं धिया कल्याणकृत्तम ॥ १७ ॥

17

Yetthaa thaani punah Saaddho prepadhyeran mamaathmajaah
Thatthaa viddhehi kalyaanam ddhiyaa, kalyaanakriththama.

Oh, Manggala Kriththe or Provider of Opulence and Auspiciousness! Oh, Maharshe! Oh, Saaddho! Please provide proper instructions and advice so that my sons, Dhevaas, can recover their lost kingdom and opulence. And please enable and ensure that my sons get back all what they have lost with opulence and auspiciousness. That's my request to you.

श्रीशुक उवाच

SreeSuka Uvaacha (Sree Suka Brahmarshi Said):

एवमभ्यर्थितोऽदित्या कस्तामाह स्मयन्निव ।
अहो मायाबलं विष्णोः स्नेहबद्धमिदं जगत् ॥ १८॥

18

EvamabhyarththithoAdithyaa kastaamaaha smayanniva
“Aho maayaabelam Vishnoh snehabedhddhamidham jegath.”

When Kasyapa was thus requested by Adhithi, he slightly smiled thinking of the power of Maaya and was stuck with logical wonder. [This is very interesting. Adhithi knows Kasyapa is the father of both Dhevaas and Asuraas. Adhithi naturally wanted to see the wellbeing of her own children. That is natural. In that selfish interest she cannot think of anything else. With the power of Maaya she was conquered by her own selfish motivation. That is why she is demanding Kasyapa to destroy his other Sons, Asuraas, for the sake of his other Sons, Dhevaas...] Kasyapa contemplates: “Oh, Vishnu Bhagawan or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan! Alas! Alas! The power of Your Maaya is amazing. Nobody can explain it, and nobody can understand it. This universe is bound tightly with the strong rope of love of selfishness and interest of selfishness.”

क्व देहो भौतिकोऽनात्मा क्व चात्मा प्रकृतेः परः ।
कस्य के पतिपुत्राद्या मोह एव हि कारणम् ॥ १९॥

19

“Kva dheho bhauthikoanaathmaa kva chaathmaa prekrithe parah

Kasya ke pathiputhraadhyaa moha eva hi kaaranam.”

“Where is the perishable body or what is the value of this physical body which will turn one day, or at any moment, into a lifeless corpse? What is the status or what is the value of the soul which is eternal and which is not linked and corrupted with the Guna Threya? In truth, who is related to whom? Who has attachment with whom? When we think, is there any connection or any attachment with wife and husband or children and parents or vice versa? Is there truly any attachment with anyone to anyone else? These illusory relationships are caused by Maaya.”

उपतिष्ठस्व पुरुषं भगवन्तं जनार्दनम् ।
सर्वभूतगुहावासं वासुदेवं जगद्गुरुम् ॥ २० ॥

20

“Upathishtasva Purusham Bhagawantham Jenaardhdhanam
Sarvabhoothaguhaavaasam Vaasudhevam Jegadhgurum.”

“Due to the power of Maaya we are ignorant about our knowledge and understanding of the perishable body and eternal soul. Under the influence of that ignorance, we misunderstood and mistook this perishable body as eternal soul. i.e. We are thinking this body is “we” whereas this body is only a corpse. This misunderstanding is the cause of all misery, trouble and sorrow. That means the ignorance generated by Maaya is the cause of all this mental desperation and pain. There is no other reason. Therefore, My dear Wife! You worship Bhagawan Jenaardhdhana Who is Lord Sree Vaasudheva Sree Krishna Bhagawaan Who is The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan. He is Omnipresent and Omnipotent. He is the Universal Master. He is the provider and fulfiller of all desires and wishes of all His dedicated devotees.”

स विधास्यति ते कामान् हरिर्दीनानुकम्पनः ।
अमोघा भगवद्भक्तिर्नेतरेति मतिर्मम ॥ २१ ॥

21

“Sa viddhaasyathi the kaamaan Harirdhdheenaanukampanah

Amoghaa Bhagawathbhakthirnnetharethi mathirmmama.”

“The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan is very compassionate and merciful with suffering entities. He is Mukundha. Oh, the best and noblest of all chaste women! He will, surely, fulfill all your wishes and desires. When you worship some other deity or divinities all your wishes may not be fulfilled or sometimes no wishes may be fulfilled. In those cases, your worship will become a waste and futile. But if you worship Lord Hari or Lord Mukundha or Lord Jenaardhdhana or Lord Sree Vaasudheva Sree Krishna Bhagawaan or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan that would never become futile. He will always satisfy all your wishes. That is my opinion and my advice.”

अदितिरुवाच

AdhithirUvaacha (Adhithi Said):

केनाहं विधिना ब्रह्मन्नुपस्थास्ये जगत्पतिम् ।
यथा मे सत्यसङ्कल्पो विदध्यात्स मनोरथम् ॥ २२॥

22

Kenaaham viddhinaa Brahmannaupastthaasye Jegathpathim
Yetthaa me sathyasankalpo vidhaddhyaath sa manorettham.

Oh, the Omniscient Maamune! Please explain to me that, how I should observe the austerity and penance so that The Sathya Sankalpa Hari Bhagawaan, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan, Who can truly be visualized in mind be satisfied and pleased and grant and fulfill all my wishes. Please define the process and procedures of the Vrata or penance very clearly.

आदिश त्वं द्विजश्रेष्ठ विधिं तदुपधावनम् ।
आशु तुष्यति मे देवः सीदन्त्याः सह पुत्रकैः ॥ २३॥

23

Aadhisa thvam, Dhvijasreshta, viddhim thadhupaddhaavanam

Aasu thushyathi me dhevah seedhanthyaah saha puthrakaih.

I and my sons are subjected to miserable suffering now. We are in deep trouble. Let me know the process for immediate recovery from our sufferings. How can we cross the ocean of these terrible sufferings? What is the way out to safety? Which path should we follow to cross this ocean? How can we get the grace and blessings of The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan? Oh, the Best of all Braahmanaas! My dear husband! Please describe everything clearly.

कश्यप उवाच

Kasyapa Uvaacha (Kasyapa Maharshi Said):

एतन्मे भगवान् पृष्टः प्रजाकामस्य पद्मजः ।
यदाह ते प्रवक्ष्यामि व्रतं केशवतोषणम् ॥ २४॥

24

Ethanme, Bhagawaan prishtah prejaakaamasya Padhmajah
Yedhaaha the prevashyaami vratham Kesavathoshanam.

My darling wife! I have asked Brahmadheva the same question when I was desirous of increasing progeny. At that time, he advised me of the process and procedures for observing this austere penance with dedicated devotion to Bhagawaan Sree Hari, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan. I will describe the procedures of that Vratha to you.

फाल्गुनस्यामले पक्षे द्वादशाहं पयोव्रतः ।
अर्चयेदरविन्दाक्षं भक्त्या परमयान्वितः ॥ २५॥

25

Phaalgunasyaamale pakshe dhvaadhesaaham Payovrathah
ArchchayodhAravindhaaksham bhakthyaa paramayaanvithah.

For twelve days ending with Dhvaadhesi (the twelfth day of the fortnight) in the bright fortnight of the month of Phaalguna (February 20 – March 21),

One should observe the penance. During those twelve days One should drink only milk without taking any other food or drinks and worship Aravindhaksha or the Lotus-Eyed Bhagawaan, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan, with dedicated devotion.

सिनीवाल्यां मृदाऽऽलिप्य स्नायात्क्रोडविदीर्णया ।
यदि लभ्येत वै स्रोतस्येतं मन्त्रमुदीरयेत् ॥ २६॥

26

Sineevaalyaam mridhaaaalipyaa snaayaath krodavidheernnayaa
Yedhi lebhyetha vai srothasyedham manthramudheerayeth.

If available, paste the whole body with dirt or mud dug by the boar by its tusks, if not, paste the whole body with regular mud or dirt, and take full bath in the river. Thereafter, chant the Manthra which I am going to chant to you now:

त्वं देव्यादिवराहेण रसायाः स्थानमिच्छता ।
उद्धृतासि नमस्तुभ्यं पाप्मानं मे प्रणाशय ॥ २७॥

27

“Thvam DhevyaadhiVaraahena Resaayaah stthaanamichcchathaa
Udhddhrithaasi namasthubhyam paapmaanam me prenaasaya.”

“Oh, Mother Earth! You were raised by Aadhi Varaaha Moorththy, the Boar Incarnation of The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan, from Paathaala or Under-World because of your desire to have a place to stay. [This means the Earth wanted to have a place of residence for the entities and elements of the Universe as a place of residence or abode. I worship and offer my respectful obeisance unto you and pray to vanquish and eliminate all the reactions of my sinful activities. Please help me to come out of my troubles and sorrows and sufferings.”

निर्वर्तितात्मनियमो देवमर्चेत्समाहितः ।
अर्चायां स्थण्डिले सूर्ये जले वह्नौ गुरावपि ॥ २८॥

Nirvvarththithaathmaniyamo Dhevamarchcheth samaahithah
Archchaayaam stthandile Soorye Jele Vahnau Guraavapi.

After chanting the Manthra, you should put oil on your whole body and take full bath. And then you should invoke Lord Sree Hari Bhagawaan or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan in an icon or on an idol or on an altar or on the image of Sun's disc or on Fire or in Water on the plain ground or even in the heart of your Guru or Spiritual Master and worship with devotion and dedication with full concentration and control of your mind on The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan.

नमस्तुभ्यं भगवते पुरुषाय महीयसे ।
सर्वभूतनिवासाय वासुदेवाय साक्षिणे ॥ २९॥

“Namasthubhyam Bhagawathe Purushaaya Maheeyase
Sarvvabhoothanivaasaaya Vaasudhevaaya saakshine.”

“Oh, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan! You are the greatest and noblest of all Dhevaas. You are being worshipped by Brahmadheva, Mahaadheva and all other Dhevaas. You live in the heart of everything and everything lives in Your heart. You are the witness of all happenings in the universe. You are the Soul of all elements and entities. But You are beyond all the entities and elements. You are the Supreme Primary Primordial Personality. Oh, Bhagawan! Oh, Vaasudheva! I worship and offer my respectful and devotional obeisance unto You.”

नमोऽव्यक्ताय सूक्ष्माय प्रधानपुरुषाय च ।
चतुर्विंशद्गुणज्ञाय गुणसङ्ख्यानहेतवे ॥ ३०॥

“Namoavyekthaaya sookshmaaya Preddhaanapurushaaya cha

Chathurvimsadhgunajnjaaya gunasamkhyaanahethave.”

“Oh, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan! You are subtle. You are not visible to and by material eyes. You are the Supreme Personality Who always prompts and induce material nature to all the elements and entities. You are the initiator, inaugurator, and propagator of Saamkhya Saasthra or the Science of Saamkhya Philosophy. You are the reservoir of all the Twenty-Four elements of Gunaas. I worship and offer my respectful and devotional obeisance unto You.”

नमो द्विशीर्ष्णे त्रिपदे चतुःशृङ्गाय तन्तवे ।
सप्तहस्ताय यज्ञाय त्रयीविद्यात्मने नमः ॥ ३१ ॥

31

“Namo dhviseershne thripadhe chathuhsringgaaya thanthave Sapthahasthaaya yejnjaaya threyeevidhyaathmane Namah.”

“Oh, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan! You are with two heads [Praayaneeya and Udhaayaneeya]. You are with three legs [Savana Threya]. You are with four horns [Four Vedhaas]. You are with seven hands [The Seven Chandhas like Gaayathri Manthra]. You are the Soul of Yejnja. I worship and offer my respectful and devotional obeisance unto You.”

नमः शिवाय रुद्राय नमः शक्तिधराय च ।
सर्वविद्याधिपतये भूतानां पतये नमः ॥ ३२ ॥

32

“Namah Sivaaya Rudhraaya Namah Sakthiddharaaya cha Sarvavidhyaaddhipathaye bhoothaanaam pathaye Namah.”

“Oh, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan! You are Lord Siva. You are Lord Rudhra. You are the reservoir of all knowledge. You are the reservoir of all potencies. You are the protector of all elements. You are the Lord and Controller of

everything. I worship and offer my respectful and devotional obeisance unto You.”

नमो हिरण्यगर्भाय प्राणाय जगदात्मने ।
योगैश्वर्यशरीराय नमस्ते योगहेतवे ॥ ३३ ॥

33

“Namo Hiranyagerbhaaya praanaaya Jegadhaathmane
Yogaisvaryasareeraaya namasthe yogahethave.”

“Oh, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan! You are Hiranyagerbha, meaning the One Who is born from the Golden Egg. You are the source of life of all the elements. You are the Soul of the Universe and all its elements and entities. You are the Form of Life. You are the Master and Lord of Yoga. Your body is the source of all Opulence of Mystic Yoga. I worship and offer my respectful and devotional obeisance unto You.”

नमस्त आदिदेवाय साक्षीभूताय ते नमः ।
नारायणाय ऋषये नराय हरये नमः ॥ ३४ ॥

34

“Namastha Aadhidhevaaya Saakshibhoothaaya The Namah
Naaraayanaaya Rishaye Naraaya Haraye Namah.”

“Oh, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan! You are Aadhidheva, meaning the First Prime and Primordial God. You are the Original Supreme Personality. You are Supreme God. You are a witness in everyone’s heart. You are born from Ddharmma as Naaraayanarshi and as Nararshi. Therefore, You are Naaraayanarshi and You are Nararshi. I worship and offer my respectful and devotional obeisance unto You.”

नमो मरकतश्यामवपुषेऽधिगतश्रिये ।
केशवाय नमस्तुभ्यं नमस्ते पीतवाससे ॥ ३५ ॥

“Namo MarakathasyaamavapusheAddhigethasriye
Kesavaaya namasThubhyam namasthe Peethavaasase.”

“Oh, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan! Your bodily hue resembles that of Marakatha or Marathaka or Emerald Gem. You are well decorated with golden ornaments. You are dressed in yellow silk garments. You are well-known in the name of Kesava. Oh, Bhagawan! I worship and offer my respectful and devotional obeisance unto You.”

त्वं सर्ववरदः पुंसां वरेण्य वरदर्षभ ।
अतस्ते श्रेयसे धीराः पादरेणुमुपासते ॥ ३६॥

“Thvam Sarvvavaradhah pumsaam varenye varadharshabha!
Athasthe sreyase ddheeraah paadharenumupaasathe.”

“Oh, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan! You are the best of those who bestow benedictions. You are the most exalted worshipable Lord. You are the Only One Who can fulfill the wishes and desires of everyone. Therefore, all knowledgeable and sober devotees worship the dust of Your lotus feet for their own welfare. I worship and offer my respectful and devotional obeisance unto You.”

अन्ववर्तन्त यं देवाः श्रीश्च तत्पादपद्मयोः ।
स्पृहयन्त इवामोदं भगवान् मे प्रसीदताम् ॥ ३७॥

“Anvavarththantha yem Dhevah sreescha thathpaadhapadhmayoh
Sprihayantha ivaamodham Bhagawaanme preseedhathaam.”

“Oh, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan! Goddess Lakhsmeebhagawathy and all the Dhevaas are always offering services at Your lotus feet without ever leaving from Your

Lotus Feet and without having any intervention in order to enjoy the blissful happiness of divine smell coming from Your Lotus Feet. Oh, Bhagawan! I worship and offer my respectful and devotional obeisance unto You. Please be compassionate and kind and happily be satisfied with my prayers.”

एतैर्मन्त्रैर्हृषीकेशमावाहनपुरस्कृतम् ।
अर्चयेच्छ्रद्धया युक्तः पाद्योपस्पर्शनादिभिः ॥ ३८॥

38

EthairmmanthrairHrisheekesamaavaahanapuraskritham
Archchayechchredhddhayaa yukthah paadhyopasparsanaadhibih.

Thus, after dictating these Manthraas, Kasyapa Muni described the process: By chanting these Manthraas, One should welcome The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan with faith and devotion and offer Him with items of worship such as Paadhya, Arghya, etc. Then worship by chanting the names like Kesava, Hrisheekesa, Krishna, The Supreme Personality of God, etc.

अर्चित्वा गन्धमाल्याद्यैः पयसा स्नपयेद्विभुम् ।
वस्त्रोपवीताभरणपाद्योपस्पर्शनैस्ततः ।
गन्धधूपादिभिश्चार्चेद्द्वादशाक्षरविद्यया ॥ ३९॥

39

Archchithvaa genddhamaalyaadyaih payasaa snapayedhVibhum
Vasthropaveethaabharanapaadhyopasparsanaisthathah
Genddhapurshpaadhibhischaarchcheth dhvaadhesaaksharavidhyayaa.

In the beginning, the devotee should chant the Dhvaadhesaakshari Manthra, i.e., OM NA MO BHA GA WA THE VAA SU DHE VAA YAH, and offer sandal paste, incense, garlands and so on. After worshipping The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan in this way, One should bath the Idol or Icon representing The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan with milk and dress Him with proper garments, a sacred thread and decorate with ornaments. After offering water to wash the Lotus Feet of The Supreme Soul Lord Sree

Vaasudheva Sree Maha Vishnu Bhagawaan, One should again worship The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan with fragrant flowers, incense and other paraphernalia.

शृतं पयसि नैवेद्यं शाल्यन्नं विभवे सति ।
ससर्पिः सगुडं दत्त्वा जुहुयान्मूलविद्यया ॥ ४० ॥

40

Srutham payasi naivedhyam saalyannam vibhave sathi
Sasarppih sagudam dheththvaa juhhuayanmoolavidhyayaa.

If the offeror can afford to then he or she should offer the deity with fine rice boiled in milk with clarified butter and molasses [rice pudding]. While chanting the original Manthra One offers all this to the Fire or Homaagni or Yaagaagni.

निवेदितं तद्भक्ताय दद्याद्भुञ्जीत वा स्वयम् ।
दत्त्वाऽऽचमनमर्चित्वा ताम्बूलं च निवेदयेत् ॥ ४१ ॥

41

Nivedhitham thadhbhakthaaya dhedhyaadhbhunjeetha vaa svayam
Dheththvaaaachamanamarchchithvaa thaamboolam cha nivedhayeth.

Thereafter, One offers the Presaadha or remnants of the offering to Vaishnava devotees or offer some to the main Vaishnava devotee and then take it by Oneself. After that One should offer Aachamana or ablution and then offer well-prepared betel-nut or chewing pan and then again One should worship The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan with dedicated devotion.

जपेदष्टोत्तरशतं स्तुवीत स्तुतिभिः प्रभुम् ।
कृत्वा प्रदक्षिणं भूमौ प्रणमेद्दण्डवन्मुदा ॥ ४२ ॥

42

Jepedhashtoththarasatham sthuveetha sthuthibhih Prebhum
Krithvaa predhikshinam, bhoomau prenamedhdhendavanmudhaa.

Thereafter, the observer of Payovratha penance must repeat the Dhvaadhesaakshari Manthra One Hundred and Eight times without any mistake and offer prayers of glories of various Incarnations and the sporty activities of The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan by singing the glorifying Keerththans and circumambulating His Image or Icon with respect and humility. Then prostrate, falling like a stick on the ground, at the lotus feet of The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan and salute Him.

कृत्वा शिरसि तच्छेषां देवमुद्रासयेत्ततः ।
द्व्यवरान् भोजयेद्विप्रान् पायसेन यथोचितम् ॥ ४३ ॥

43

Krithvaa sirasi thachccheshaam Dhevamudhvaasayeth thathah
Dhvyavaraan bhojayethvipraan paayasena yetthochitham.

Then, the flowers and water offered to the Deity should be touched on the head of the performer and thrown to a sacred place. Thereafter, the Performer of the Vratha should feed sumptuous meals with Paayasam or pudding to at least two Braahmanaas.

भुञ्जीत तैरनुज्ञातः शेषं सेष्टः सभाजितैः ।
ब्रह्मचार्यथ तद्रात्र्यां श्वोभूते प्रथमेऽहनि ॥ ४४ ॥

44

Bhunjeeetha thairanujnjaathah sesham seshtah sabhaajithaih
Brahmacharyetthaa thadhraathryaam svobhoothe pretthameahani.

स्नातः शुचिर्यथोक्तेन विधिना सुसमाहितः ।
पयसा स्नापयित्वा र्चेद्यावद्ब्रतसमापनम् ॥ ४५ ॥

45

Snaathah suchiryetthokthena viddhinaa susamaahithah
Payasaa snaapayithvaarchchedhyaavadh vrathasamaapanam.

Thereafter, along with other virtuous devotees of The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan, relatives and friends the Performer should eat the remnant Presaadha as food. On the night of that day the Performer should observe strict celibacy. Next day morning the Performer should take an ablutionary bath and with purity of mind, careful attention and devotion bath the Deity in milk and complete all other formalities and worship The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan as described above.

पयोभक्षो व्रतमिदं चरेद्विष्णुवर्चनादृतः ।
पूर्ववज्जुहयादग्निं ब्राह्मणांश्चापि भोजयेत् ॥ ४६॥

46

Payobhaksho vrathamidham charedhVishnvarchchanaadhrithah
Poorvvavajjuhuyaadhagnim Braahmanaamschaapi bhojayeth.

Thus, One should observe this Pooja or offerings to The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan by drinking milk alone. Also, One should perform the offerings to Fire, Feeding of Braahmanaas and completing other formalities daily without any intervention.

एवं त्वहरहः कुर्याद्द्वादशाहं पयोव्रतः ।
हरेराराधनं होममर्हणं द्विजतर्पणम् ॥ ४७॥

47

Evam thvaHarahah kuryaadhdhvaadhesaaham Payovrathah
Hareraaraaddhanam homamarhanam dhvijatharppanam

Thus, including the twelfth day, One should perform the Pooja and Archchana of Sree Hari Bhagawaan or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan by chanting Dhvaadhesaakshari Manthra, singing glorifying Keerththans of the Incarnations of The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan, offerings to Fire, Feeding Braahmanaas, and other formalities of Payovratha without any intervention.

प्रतिपद्दिनमारभ्य यावच्छुक्लत्रयोदशी ।
ब्रह्मचर्यमधःस्वप्नं स्नानं त्रिषवणं चरेत् ॥ ४८॥

48

Prethipadhdhinamaarebhya yaavachcchuklathreyodhesee
Brahmacharyamaddhahsvapnam Snaanam thrishevanam chareth.

वर्जयेदसदालापं भोगानुच्चावचांस्तथा ।
अहिंस्रः सर्वभूतानां वासुदेवपरायणः ॥ ४९॥

49

Varjjayedhasadhaalaapam bhogaanuchchaavachaamsthatthaa
Ahimsrah sarvvabhoothaanaam Vaasudhevaparaayanah.

The performer should observe strict celibacy from the beginning of the first day of the bright fortnight until the end of the thirteenth day of that fortnight without any intervention. He or she must take bath three times in a day and should sleep on bare ground with no mat or sheet and should not speak or get associated and involved with any unvirtuous or non-devotees of The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan. He or she should abandon all material luxuries and comforts and should not involve in any type of violence. One should maintain stable and steadfast devotion to The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan by strictly observing all the above terms and must meditatively think and worship Sree Vaasudheva Bhagawaan or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan.

त्रयोदश्यामथो विष्णोः स्नपनं पञ्चकैर्विभोः ।
कारयेच्छास्त्रदृष्टेन विधिना विधिकोविदैः ॥ ५०॥

50

Threyodhesyaamattho Vishnoh snapanam panjchakairvVibhoh
Kaarayecccchaasthradhrishtena viddhinaa viddhikovidhah

Thus, after completing the twelve days of observance of the penance, on the thirteenth day the performer should engage Braahmanaas with scholarly scientific knowledge of Vedhic principles and prepare Panjchaamritham [the Presaadham prepared with five specific ingredients like honey, molasses, banana, raisins and sugar-candy or crystal sugar] and properly offer to The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan.

पूजां च महतीं कुर्याद्वित्तशाठ्यविवर्जितः ।
चरुं निरूप्य पयसि शिपिविष्टाय विष्णवे ॥ ५१ ॥

51

Poojaam cha mahatheem kuryaadhviththasaattyavivarjjithah
Charum niroopya payasi sipivishtaaya Vishnave.

शृतेन तेन पुरुषं यजेत सुसमाहितः ।
नैवेद्यं चातिगुणवद्दद्यात्पुरुषतुष्टिदम् ॥ ५२ ॥

52

Srithena thena Purusham yejetha susamaahithah
Naivedhyam chaathigunavadhdhedhyaath Purushathushtidham.

After that, giving up miserly habit, i.e. without having any restriction that only this much can be spend, or rather lavishly the Performer should conduct the noblest Vishnu Pooja by offering Presaadhaas of Panjchaamritha, Paayasa, Charu or delicious Presaadha cooked in milk, etc. thinking that The Supreme Personality's presence is there. The Nivedhya consisting of Charu, Panjchaamritha, Presaadha, etc. should be most pleasing and contentious for Bhagawaan, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan, should be offered to Him devotionally.

आचार्यं ज्ञानसम्पन्नं वस्त्राभरणधेनुभिः ।
तोषयेदृत्विजश्चैव तद्विद्ध्याराधनं हरेः ॥ ५३ ॥

53

Aachaaryam jnjaanasampannam vasthraabharanaddhenubhih
Thoshayedhrithvijaschaiva thadhvidhddhyaaraaddhanam Hareh.

After that the Performer of the Vratha must donate cows, land, dresses, wealth, gold and other properties to the knowledgeable Guroos, Braahmanaas, the Priests who conduct Yaagaas and Homaas, etc. to their full satisfaction. One should ensure that they are all happy. Their happiness is also mandatory for successful completion of the worship, Pooja and offering of obeisance to Lord Sree Hari Bhagawaan Who is The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan.

भोजयेत्तान् गुणवता सद्भनेन शुचिस्मिते ।
अन्यांश्च ब्राह्मणान् शक्त्या ये च तत्र समागताः ॥ ५४॥

54

Bhojayeth than gunavathaa sadhannena Suchismithe!
Anyaamscha Braahmanaanjcchkthya ye cha thathra samaagethaah.

Oh, the One with Pure Smile, My dear Wife! Thereafter, you must ensure full satisfaction and happiness of all Braahmanaas who are involved in conducting the Yaagaas and Poojaas, the Noblest Guru and all others who participated and attended and assembled there, by feeding them with sumptuous feast befitting the occasion.

दक्षिणां गुरवे दद्यादृत्विग्भ्यश्च यथार्हतः ।
अन्नाद्येनाश्वपाकांश्च प्रीणयेत्समुपागतान् ॥ ५५॥

55

Dhekshinaa Gurave dhedhyaadhRithvigbhyascha yetthaarhathah
Annaadhyenaasvapaakaamscha preenayethsamupaagethaan.

Then, you should satisfy and please the Aachaaryaas and Karmmees or those who conduct and assist the Chief Priest to conduct the Yaagaas and Poojaas by rewarding them with enough wealth and properties. If affordable, then One should even reward the Chandaalaas or Outcastes and beggars and all others without any exception.

भुक्तवत्सु च सर्वेषु दीनान्धकृपणेषु च ।
विष्णोस्तत्प्रीणनं विद्वान् भुञ्जीत सह बन्धुभिः ॥ ५६॥

56

Bhukthavathsu cha sarvveshu dheenaanddhakripaneshu cha
Vishnosthathpreenanam Vidhvaan bhunjeetha saha benddhubhih.

One must distribute Vishnu Presaadha to the poor people, blind men, those who are starving, those who are hungry, non-devotees, non-Braahmanaas, and all and make sure that they are all satisfied and happy. When they are all happy and satisfied, Vishnu Bhagawaan or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan will automatically be pleased and satisfied with you. There is no doubt about that.

नृत्यवादित्रगीतैश्च स्तुतिभिः स्वस्तिवाचकैः ।
कारयेत्तत्कथाभिश्च पूजां भगवतोऽन्वहम् ॥ ५७॥

57

Nrithyavaadhithrageethaischa sthuthibhih svasthivaachakaih
Kaarayeththath katthaabhischa poojaam Bhagawathoanvaham.

It would be the best, to obtain full benefit of the Vratha, if from the first day including the twelfth day of the bright fortnight of observing this Vratha, on every day, One can arrange and conduct Dances, Singing Glories of Vishnu Bhagawaan, beating drums, playing flutes and other musical instruments and discourses of glorious stories of Incarnations of Lord Vishnu Bhagawaan.

एतत्पयोव्रतं नाम पुरुषाराधनं परम् ।
पितामहेनाभिहितं मया ते समुदाहृतम् ॥ ५८॥

58

Ethatha Payovratham naama Purushaaraaddhanam param
Pithaamahenaabhihitham mayaa the samudhaahritham.

Oh, the most auspicious and holy woman! Thus, I have described the whole process of conducting the religious ritualistic ceremony known as Payo-Vratha. This is the best method to worship and offer Pooja and obeisance to Aadhi Purusha, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan. This is very effective and result oriented. This has been explained to me by my grandfather, Pithaamaha or Brahmadheva, to me. Now I have explained it to you in its entirety.

त्वं चानेन महाभागे सम्यक् चीर्णेन केशवम् ।
आत्मना शुद्धभावेन नियतात्मा भजाव्ययम् ॥ ५९॥

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Thvam chaanena Mahaabhaage! Samyakcheernnena Kesavam
Aathmanaa sudhddhabhaavena niyathaathmaa bhajaavyeyam.

Oh, the most fortunate and auspicious Lady! Establishing your pure and sacred mind and heart stabilized in Vishnu Bhagawaan or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan, you execute the process of this noblest and divinest Payo-Vratha and worship and offer Poojaas and obeisance to Kesava Bhagawaan, Who is the enemy of Asuraas, The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan, Who is inexhaustible.

अयं वै सर्वयज्ञाख्यः सर्वव्रतमिति स्मृतम् ।
तपःसारमिदं भद्रे दानं चेश्वरतर्पणम् ॥ ६०॥

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Ayam vai sarvvayejnjaakhyah sarvvavrathamithi smritham
Thapahsaaramidham, Bhadhra, Dhaanam chEswaratharppanam.

Oh, the Purest Woman! This Payo-Vratha is known as Sarvva-Yejnja, meaning by performing this Vratha or Yejnja one will perform all other Vrathaas or Yejnjaas automatically. [Meaning this will produce the result of performing all other Vrathaas and Yejnjaas.] This is also the best of all the Vrathaas and Yejnjaas to worship and offer Poojaas and obeisance to The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan. This is also acknowledged to be the best of all ritualistic ceremonies. Oh,

Gentle Lady! This is the essence of all austerities. It is the process of giving charity and pleasing Hari Sree Vishnu Bhagawaan or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan. This is most effective.

त एव नियमाः साक्षात्त एव च यमोत्तमाः ।
तपो दानं व्रतं यज्ञो येन तुष्यत्यधोक्षजः ॥ ६१ ॥

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Tha eva niyamaah saakshaaththa eva cha yemoththamaah
Thapo Dhaanam vratham yejnjo yena thushyathyAddhokshajah.

Payo-Vratha is the best Vratha or Austerity to satisfy and please Addhokshaja or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan who can be realized or visualized only by transcendental knowledge and realization. There is no other Vratha as good as this one. This is the best of all regulative principles, the best austerity, the best process of giving charity, and the best process of conducting Yaaga or Yejnja. Oh, the Pure, Sober and Serene minded Lady! This is it.

तस्मादेतद्व्रतं भद्रे प्रयता श्रद्धया चर ।
भगवान् परितुष्टस्ते वरानाशु विधास्यति ॥ ६२ ॥

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Thasmaadhethadhvratham Bhadhre, preyathaa sredhddhayaa chara
Bhagawaan parithushtasthe varaanaasu viddhaasyathi.

Oh, the most auspicious and fortunate Lady! Therefore, even if you might have to put a lot effort, please try your best to observe and complete this Vratha carefully and strictly following all the steps and principles of the process. Sree Hari Bhagawaan or The Supreme Soul Lord Sree Vaasudheva Sree Maha Vishnu Bhagawaan will be very pleased and satisfied with you and He will fulfill and satisfy all your wishes and desires and thus you would be able to achieve and attain your target very soon. There is no doubt about that.

इति श्रीमद्भागवते महापुराणे पारमहंस्यां संहितायां
अष्टमस्कन्धे अदितिपयोव्रतकथनं नाम षोडशोऽध्यायः ॥ १६॥

Ithi Sreemadh Bhaagawathe Mahaa Puraane Paaramahamsyaam
Samhithaayaam
AshtamaSkanddhe AdhithiPayovrathaKatthanam Naama [Payovratha
Niroopanam] ShodasoAddhyaayah

Thus, we conclude the Sixteenth Chapter Named as Executing of
Payovratha and Process of Worship [Details of Performing Payovratha] Of
the Eighth Canto of the Most Divine and the Supreme Most and the
Greatest Mythology Known as Sreemadh Bhaagawatham.

Om Shree Krishnaaya Param Brahmane Namah!
Om Namo Bhagavathe Vaasudhevaayah!
Om Namo Bhagavathe Vaasudhevaayah!
Om Namo Bhagavathe Vaasudhevaayah!